

# BODY BUDDIES

## VOLUNTEER PROGRAM APPLICATION

Date of Application:

Name:

Phone Numbers: Home:  
Cell:

Email Address:

Please Check Off Any That Apply:

I would enjoy getting names at events for BODY's Email Events Postcard.

I have reliable transportation.

I am able to do light lifting (folding chairs, Backjacks & blankets, & carrying them to closet).

I would enjoy helping out in the office with administrative tasks.

I am available to volunteer at off-site community events.

I am available on weekends.

On A Scale Of 1 To 10 (10 Being the Highest) Rate Yourself & Tell Us Why:

Reliability & Commitment \_\_\_\_\_

Timeliness \_\_\_\_\_

Mental Flexibility \_\_\_\_\_

Sociability \_\_\_\_\_

Are there any other skills you might like to offer as a volunteer?

Where did you hear about this program?

Please tell us a little about yourself and why you would like to volunteer:

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✓	Teams	Commitment	BODY Buddy Perks
	A Team	Work 4 events total per month: 1 event each week or 2 hours office time as needed	Unlimited 4 week pass to BODY Studio. Free admission to the event you volunteer for.
	B Team	Work 2 events per month	1 free pass to a studio class and free admission to the event you volunteer for. After 16 events, a gift certificate for a BODY massage will be awarded.
	C Team	Work on a per event basis	Free admission to the event you volunteer for.

# BODY

massage yoga nia childcare cafe boutique

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